

Success Academies LTD – Self-Study Pupil Guide (Years 5 to 11)

Overview: This document provides a structured self-study curriculum framework for pupils across Year 5 to Year 11. It covers four key statutory areas: PSHE (Personal, Social, Health and Economic Education), Citizenship, Fundamental British Values (FBV), and SMSC (Spiritual, Moral, Social and Cultural Development). Each year group features a clear table detailing expected learning outcomes and curated links to recommended self-study learning resources.

Year 5 Self-Study Framework

Category	Key Aspect / Topic	Expected Learning Outcomes	Recommended Self-Study Resources
PSHE	Personal Wellbeing & Healthy Relationships	Understand physical and emotional wellbeing, how to build healthy friendships, and practice basic digital safety and screen time balance.	Oak National Academy - KS2 PSHE: Physical Health & Wellbeing / BBC Teach - Primary PSHE
Citizenship	Community Rules & Local Government	Recognise why rules and laws are essential for group safety, and explore	Oak National Academy - KS2 Citizenship:

Category	Key Aspect / Topic	Expected Learning Outcomes	Recommended Self-Study Resources
		how local councils and communities operate.	Community / UK Parliament Education
Fundamental British Values	Rule of Law & Democracy	Learn how democratic voting works in school and community settings, and understand the importance of fair laws.	BBC Bitesize - KS2 Rule of Law & Democracy / UK Parliament - How Parliament Works
SMSC	Cultural Diversity & Mutual Respect	Explore diverse cultural traditions and world religions in modern Britain, fostering respect and empathy for all people.	Oak National Academy - KS2 RE & Worldviews / BBC Teach - Religious Studies
Careers	Career Awareness & World of Work	Explore different jobs, identify personal strengths and interests, and understand how skills connect to workplace roles.	BBC Bitesize Careers / icould - Primary Careers Exploration

Year 6 Self-Study Framework

Category	Key Aspect / Topic	Expected Learning Outcomes	Recommended Self-Study Resources
PSHE	Transition Preparation & Digital Citizenship	Prepare for secondary school transition, manage peer influence, recognise online bullying, and practice self-regulation.	Oak National Academy - KS2 PSHE: Transition & Safety / BBC Bitesize - Primary Transition
Citizenship	Children's Rights & Civic Duties	Learn about the UN Convention on the Rights of the Child, individual responsibilities, and voluntary community work.	UNICEF UK - Rights Respecting Schools / Oak National Academy - KS2 Rights & Responsibilities
Fundamental British Values	Individual Liberty & Mutual Respect	Understand the right to personal opinions, individual expression, and the duty to respect differing beliefs held by others.	BBC Bitesize - Fundamental British Values / UK Parliament - Individual Rights

Category	Key Aspect / Topic	Expected Learning Outcomes	Recommended Self-Study Resources
SMSC	Moral Choices & Self-Knowledge	Evaluate consequences of actions, distinguish right from wrong in complex scenarios, and develop personal self-esteem.	Oak National Academy - Primary Ethics & Philosophy / BBC Teach - Primary Moral Tales
Careers	Future Aspirations & STEM Awareness	Investigate future career pathways, gender equality in work, and how school subjects relate to future job opportunities.	BBC Bitesize Careers / STEM Learning - Primary Careers

Year 7 Self-Study Framework

Category	Key Aspect / Topic	Expected Learning Outcomes	Recommended Self-Study Resources
PSHE	Health, Puberty & Mental Wellbeing	Understand adolescent physical development,	Oak National Academy - KS3 PSHE: Health &

Category	Key Aspect / Topic	Expected Learning Outcomes	Recommended Self-Study Resources
		emotional hygiene, stress management, and maintaining a balanced lifestyle.	Puberty / NHS Every Mind Matters
Citizenship	UK Parliament & System of Government	Explore representative democracy, how laws are passed in Westminster, and the roles of MPs and the Monarch.	Oak National Academy - KS3 Citizenship: Parliament / UK Parliament - Educational Channel
Fundamental British Values	Democracy & The Legal System	Understand general elections, political representation, and the distinction between civil and criminal courts.	BBC Bitesize - KS3 Democracy & UK Law / UK Supreme Court Education
SMSC	Spiritual Exploration & Multi-Faith Studies	Examine core beliefs of major world religions, spiritual expression	Oak National Academy - KS3 RE: Beliefs & Worldviews / BBC Bitesize - KS3 Religious Studies

Category	Key Aspect / Topic	Expected Learning Outcomes	Recommended Self-Study Resources
		through art, and reflect on personal values.	
Careers	Skills Identification & Career Sectors	Recognise transferrable employability skills, understand modern work sectors, and research potential career options.	BBC Bitesize Careers / icould - Careers Exploration & Videos

Year 8 Self-Study Framework

Category	Key Aspect / Topic	Expected Learning Outcomes	Recommended Self-Study Resources
PSHE	Online Safety, Media Literacy & Relationships	Navigate social media safely, identify fake news, recognise healthy vs. unhealthy relationships,	Oak National Academy - KS3 PSHE: Digital Safety / Thinkuknow - CEOP Safety

Category	Key Aspect / Topic	Expected Learning Outcomes	Recommended Self-Study Resources
		and protect digital footprint.	
Citizenship	Public Institutions & Services	Understand how essential services (NHS, Police, Emergency Services, Social Care) function and are funded through taxation.	Oak National Academy - KS3 Citizenship: Public Services / BBC Bitesize - Public Spending
Fundamental British Values	Tolerance of Different Faiths & Beliefs	Promote inclusivity, challenge stereotypes and discrimination, and understand the statutory protected characteristics under the Equality Act 2010.	Equality and Human Rights Commission Education / BBC Bitesize - Equality & Diversity
SMSC	Social Responsibility & Community Engagement	Participate in community projects, develop teamwork skills, and	Oak National Academy - KS3 Social Action / Speakers for Schools

Category	Key Aspect / Topic	Expected Learning Outcomes	Recommended Self-Study Resources
		appreciate active contribution to wider British society.	
Careers	Workplace Skills & Labor Market Information	Understand labour market trends, explore non-traditional roles, and evaluate soft skills required for the future workplace.	National Careers Service - Job Profiles / BBC Bitesize Careers

Year 9 Self-Study Framework

Category	Key Aspect / Topic	Expected Learning Outcomes	Recommended Self-Study Resources
PSHE	Risk Management, Substance Awareness & Financial Literacy	Assess personal risks (alcohol, drugs, online gambling), understand personal budgeting,	Oak National Academy - KS3 PSHE: Financial Capability / MoneyHelper UK

Category	Key Aspect / Topic	Expected Learning Outcomes	Recommended Self-Study Resources
		saving, and career planning.	
Citizenship	Human Rights & Global Organizations	Study the Universal Declaration of Human Rights, international conflict resolution, and the role of the UN and Commonwealth.	Oak National Academy - KS3 Citizenship: Global Rights / Amnesty International UK
Fundamental British Values	Rule of Law vs. Religious/Moral Rules	Comprehend why state civil and criminal law holds primacy over religious/informal codes, protecting fundamental freedoms.	BBC Bitesize - KS3 Citizenship: The Law / UK Parliament - Laws & Rights
SMSC	Critical Thinking & Countering Extremism	Analyses media bias, challenge radicalisation narratives, evaluate	Oak National Academy - KS3 Ethics & Critical Thinking / Educate Against Hate

Category	Key Aspect / Topic	Expected Learning Outcomes	Recommended Self-Study Resources
		propaganda, and build critical digital resilience.	
Careers	GCSE Option Choices & Career Pathways	Make informed decision choices for Post-14 options, connect academic subjects to future careers, and explore apprenticeship routes.	BBC Bitesize - Choosing Options / Amazing Apprenticeships

Year 10 Self-Study Framework

Category	Key Aspect / Topic	Expected Learning Outcomes	Recommended Self-Study Resources
PSHE	RSE, Consent & Mental Resilience	Develop deep understanding of healthy intimate relationships, consent, sexual health,	Oak National Academy - KS4 PSHE: Health & RSE / YoungMinds Mental Health

Category	Key Aspect / Topic	Expected Learning Outcomes	Recommended Self-Study Resources
		body image, and strategies for exam stress.	
Citizenship	Political Ideologies & Electoral Systems	Explore political spectrums, trade unions, pressure groups, voting systems (FPTP vs PR), and active political campaigning.	Oak National Academy - KS4 Citizenship: Politics & Power / UK Parliament Elections Guide
Fundamental British Values	Mutual Respect & Equality Act Compliance	Examine legal protections against discrimination, gender equality, LGBTQ+ rights, and fostering an inclusive workplace and society.	BBC Bitesize - GCSE Equality & Rights / Equality and Human Rights Commission
SMSC	Applied Ethics & Moral Philosophy	Investigate contemporary ethical issues (medical ethics, climate justice, criminal justice systems)	Oak National Academy - KS4 Religious Studies & Philosophy / CrashCourse Philosophy

Category	Key Aspect / Topic	Expected Learning Outcomes	Recommended Self-Study Resources
		and articulate reasoned moral arguments.	
Careers	Work Experience Preparation & Professionalism	Prepare for work experience placements, understand workplace etiquette, rights and responsibilities, and create professional CV profiles.	Barclays LifeSkills / BBC Bitesize Careers

Year 11 Self-Study Framework

Category	Key Aspect / Topic	Expected Learning Outcomes	Recommended Self-Study Resources
PSHE	Post-16 Pathways & Financial Independence	Prepare for post-16 options (A-Levels, T-Levels, Apprenticeships), CV writing, interview	Oak National Academy - KS4 PSHE: Post-16 & Careers / National Careers

Category	Key Aspect / Topic	Expected Learning Outcomes	Recommended Self-Study Resources
		preparation, loans, and adult budgeting.	Service / BBC Bitesize Careers
Citizenship	Law in Action & Consumer Rights	Understand civil litigation, employment law, tenant/consumer rights, and how citizens hold public authorities accountable.	Oak National Academy - KS4 Citizenship: Law & Justice / Citizens Advice UK
Fundamental British Values	Active Democratic Engagement	Understand how to participate actively in democratic governance, petitioning, peaceful protest, and freedom of expression limits.	BBC Bitesize - Active Citizenship / UK Parliament - Engaging with Democracy
SMSC	Cultural Heritage, Reflection & Lifelong Goals	Reflect on individual educational journey, personal contributions to modern multicultural	Oak National Academy - KS4 Ethics & General Studies / TED-Ed Education & Ethics

Category	Key Aspect / Topic	Expected Learning Outcomes	Recommended Self-Study Resources
		Britain, and lifelong self-development goals.	
Careers	Post-16 Applications & Interview Skills	Master CV writing, personal statements, interview techniques, and finalize applications for sixth form, college, or apprenticeships.	UCAS Further Education Guide / National Careers Service